

Adults of all ages welcome

Registration Form

Name _____

Street _____

City/Zip _____

Phone _____

Email _____

Please enroll me in the following course(s):

Fun with Ukulele, 15 classes	__@\$75
Let's Go to the Opera, 6 classes	__@\$40
Taste of Germany, 3 classes	__@\$35
Democracy, 4 classes	__@\$35
Silence: Zen Meditation, 4 classes	__@\$35
Lincoln's America, 4 classes	__@\$35

For complete course/instructor information

go to: WWW.COAFRIENDS.ORG

Membership Dues (optional) _____

Total Enclosed _____

Scholarships are available.

Please return this completed form and a check payable to:

Friends of the Council on Aging

PO Box 250

Dover, MA 02030

Lifetime Learning

In Dover

Ukulele, Opera, Germany, Democracy,
Meditation, Lincoln



To make you
ponder/sing/create
reflect/learn

For Additional Information
Contact the Dover COA at
508-315-5734 or email
at coa@doverma.org

Or go to:

WWW.COAFRIENDS.ORG



Spring 2019

Dover Lifetime Learning



Lifetime Learning is the lifelong,
voluntary and self-motivated pursuit of
knowledge. It provides intellectual stimulation,
active citizenship and personal development.

*Sponsored by FRIENDS of the
Dover Council on Aging*

*With the support of
Dover Council on Aging*

Fun with the Ukulele

When: Wednesdays 1:00 PM - 2:00 PM

February 27 - June 5

Classes meet at Caryl Community Center, Room 108

Come learn basic chords and strumming on the ukulele to accompany traditional folk songs and more modern songs. Bring your own ukulele or rent one at Needham Music (781-453-8067). No experience is needed and new students are always welcome. Join us to learn something new and have fun with music.

Daniel Metraux has led ukulele groups in New England for many years and has taught in Dover since 2015.

Let's Go to the Opera

When: Wednesdays 10:30 AM – 12:30 PM

April 3, 10, 17, 24, May 1, 8

Classes meet at Dover Library Community Room

Beginning with "Instrumental Petting Zoo--Meet the Orchestra", some of the more revered opera performances will be presented and discussed including Carmen by Bizet, Don Giovanni by Mozart, and La Traviata by Verdi. The discussion will be facilitated by baritone Ron Williams who has performed in many of these operas.

Ron Williams is recognized nationwide for his artistry in the field of opera and oratorio, and he continues to gather acclaim for his work onstage and in the concert hall.

A Taste of Germany

When: Thursdays 10:00 - 11:30 AM

May 9, 16, 23

Classes meet at Caryl Community Center, Room 108

This class will give an overview of Germany's scenery, traditions, and German Romanticism movement. In class one, German native Ulrike Bankman will provide a scenic tour through Germany. In class two, she will discuss German holiday traditions and will provide a sampling of home-baked German pastries. In class three, Deb Stein will introduce three mid-19th century Boston intellectuals (including Henry Wadsworth Longfellow), and explore how German Romantic literature, particularly the works of Johann Wolfgang Goethe, came to be revered in the city.

Ulrike Bankman is a lecturer and well-known pastry chef. Deb Stein holds a PhD from Boston University in the history of art and architecture.

Has Democracy Had Its Day?

When: Thursdays 1:30 PM - 3:00 PM

April 11, 25, May 9, 23

Classes meet at Dover Library Community Room

Most of us have grown up in a democracy and rather take it for granted. We will look at some of the practices and writings that shaped our thinking about democracy, going back to the Greeks and looking at Locke and Rousseau and their influence on the writers who drafted the American Constitution. There will be short readings and plenty of time for discussion.

Maud Chaplin received her Professor of Philosophy Emerita from Wellesley College where she taught for 44 years.

Silence: Sitting in Zen Meditation

When: Tuesdays 10:00 AM - 11:30 AM

April 9, 16, 23, 30

Classes meet at Caryl Community Center, Room 108

Senior Dharma teacher Carolyn Morley is offering an introduction to Japanese-style Zen Buddhist meditation. This class offers an opportunity to pause and consider our place in the universe. Each class will consist of a short talk with time for questions and discussion, and then meditation practice. Bring your own cushions for the floor; chairs will be available for those that cannot sit on the floor. Wear comfortable, dark clothing.

Carolyn Morley PhD is a professor of Japanese literature and theater at Wellesley College.

Lincoln's America

When: Fridays 10:30 AM - 12:00 PM

April 5, 12, 26, May 3

Classes meet at Caryl Community Center, Room 108


This class will explore the Presidency of Abraham Lincoln. The following topics will be included: Lincoln's election, the crisis of Fort Sumter, his relationships with his generals, the Emancipation Proclamation, the Gettysburg Address, his early views on Reconstruction, his re-election in 1864, Lee's surrender at Appomattox, and Booth's assassination of the President at Ford's Theatre.


Gary Hylander PhD is an independent scholar who specializes as a presidential historian.

Sponsored by Rehabilitation Associates, a small family business owned and operated by the Thisse family.

Keep on the Lookout For:

 **June 12 - Up In Smoke BBQ**

 **September 14 – Dover Days Fair**

 **October - Harvest Brunch**

Be a Friend!

Join Friends of Dover COA and help raise funds to support the work of the Dover Council on Aging

Membership Category:

**Friend: \$20 Patron: \$50 Sweetheart: \$100
Extraordinaire: \$200+ _____**

The *annual* membership donation helps to provide programs and services such as Lifetime Learning to the community. Your membership donation is tax deductible. You may send your donation along with your Lifetime Learning registration form/check. Thank you!

**FRIENDS of Dover COA
PO Box 250
Dover MA 02030**

WWW.COAFRIENDS.ORG

