Adults of all ages welcome

Registration Form

Name____________________
Street____________________
City/Zip___________________
Phone____________________
Email_____________________

Please enroll me in the following courses (include number of people enrolling):

<table>
<thead>
<tr>
<th>Course</th>
<th>No. of Classes</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fun with Ukulele</td>
<td>16</td>
<td>$75</td>
</tr>
<tr>
<td>Social Justice</td>
<td>6</td>
<td>$45</td>
</tr>
<tr>
<td>Toni Morrison</td>
<td>4</td>
<td>$35</td>
</tr>
<tr>
<td>Chinese History</td>
<td>6</td>
<td>$45</td>
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<tr>
<td>Effective Communication with</td>
<td></td>
<td></td>
</tr>
<tr>
<td>People w/ Hearing Loss</td>
<td>4</td>
<td>$35</td>
</tr>
</tbody>
</table>

To make you ponder/sing/create reflect/learn

For Additional Information
Contact the Dover COA at 508-315-5734 or email at coa@doverma.org

Or go to:
WWW.COAFRIENDS.ORG

Lifetime Learning is the lifelong, voluntary and self-motivated pursuit of knowledge. It provides intellectual stimulation, active citizenship and personal development.

Sponsored by FRIENDS of the Dover Council on Aging

With the support of Dover Council on Aging

For complete course/instructor information go to: WWW.COAFRIENDS.ORG

Membership Dues (optional)_________
Total Enclosed_____________________

Scholarships are available.

Please return this completed form and a check payable to:
Friends of the Council on Aging
PO Box 250
Dover, MA 02030
Fun with Ukulele
When: Wednesdays 1:00 PM - 2:00 PM
February 5 – May 20
Classes meet at Caryl Community Center, Room 108
Come learn basic chords and strumming on the ukulele. Bring your own ukulele or rent one at Needham Music (781-453-8067). No experience needed and new students are always welcome.
Daniel Metraux has taught ukulele in Dover since 2015.

Social Justice in America
When: Thursdays 1:30 PM – 3:00 PM
March 26, April 9, 16, 23, 30, May 7
Classes meet at Dover Library Community Room
This series of six classes focuses on the tension that exists between our founding documents and the reality of life in many states today. Topics include: The Unfinished Revolution: The American Experiment in which common citizens had a voice in government but many were left out; Civil Rights—from the 3/5 Compromise through movements in the late 1800s and into the 1960s; Women—the struggle for suffrage, Title IX, reproductive rights, pay equity and equal opportunity; Love, Marriage and Sexual Preference—the right to privacy and debates about marriage in America; Labor—the Great Depression, organizing, fair wages and safety; and War and Peace—Vietnam, SDS and the anti-war protest movement.
James Arena-DeRosa is a Harvard graduate and taught graduate school at Brandeis. He is a lifelong advocate for social justice and his experience ranges from community activism to international campaigns.

Toni Morrison
When: Mondays 1:30 PM - 3:00 PM
March 30, April 6, 13, 27
Classes meet at Caryl Community Center, Room 108
Toni Morrison was a prolific novelist, editor and professor, among whose many accolades and awards were the Pulitzer Prize in 1988 for Beloved and the Nobel Prize in 1993. Her novels are known for their epic themes, exquisite language and richly detailed African American characters. Participants will devote four classes to analyzing and discussing Song of Solomon, and excerpts from Morrison’s essays on literature.

Lynne Spigelmire Viti, PhD is a Senior Lecturer Emerita in the Writing Program at Wellesley College. She is the author of three poetry chapbooks, many scholarly publications, and published poetry and fiction.

Chinese History: An Overview from Earliest Times to the Present
Tuesdays 1:30 PM – 3:00 PM
March 31, April 7, 14, 28, May 5, 12
Classes meet at Dover Library Community Room
Come take a fresh look at Chinese history starting with the earliest dynasties 3000+ years ago. We will continue by viewing the dynasties that provided some of the greatest achievements in the world and try to understand what China is doing today with its “newest dynasty”—that of Xi Jinping. At the final session, enjoy a classic Chinese film. Bring an inquisitive mind and any current issues of interest.
Susan Cook Thonas is a retired English teacher from Duxbury who has studied and taught throughout China. As chairperson of the Sino-American Bridge for Education and Health, Inc., she led several groups of American teachers to Beijing, Chongqing, Nanjing, Fuzhou, Hangzhou and taught in Shanghai and Hefei.

Effective Communication with People with Hearing Loss
When: Thursdays 1:30 PM - 3:00 PM
April 2, 16, 23, 30
Classes meet at Caryl Community Center, Room 205
Hearing loss is very common, affecting one-third of seniors and ten percent of all people. Since hearing is essential for social communication, loss of this ability can impair social life, ability to work and even mental health. This course will dispel common myths about hearing loss and provide practical tips for communicating with people with hearing loss. A free book How to Talk with People with Hearing Loss will be provided. Class is limited to ten participants.

Richard Brown, PhD was a lecturer at Tufts University with interests in health psychology, gerontology, and motivation.
Mary Florentine, PhD is a Matthews Distinguished Professor Emeritus at Northeastern University, where she was Director of the Communication Research Laboratory.

Keep on the Lookout For:

June – Up in Smoke BBQ
September 12 – Dover Days Fair
October – Harvest Brunch

Be a Friend!
Join Friends of Dover COA and help raise funds to support the work of the Dover Council on Aging

Membership Category:
Friend: $20  Patron: $50  Sweetheart: $100  Extraordinaire: $200+

The annual membership donation helps to provide programs and services such as Lifetime Learning to the community. Your membership donation is tax deductible. You may send your donation along with your Lifetime Learning registration form/check. Thank you!

FRIENDS of Dover COA
PO Box 250
Dover MA 02030
WWW.COAFRIENDS.ORG